

# East Lyme Masters Swim Club

## 10th ANNUAL "TURKEY TIME" SWIM MEET AT EAST LYME AQUATICS CENTER EAST LYME, CT

### Date and Time

Sunday November 22, 2009  
Registration and Warm-up: 8:00 AM  
Meet begins at 9:00 AM

### Facility

8 Lane 25 yard Pool  
Colorado Electronic Timing  
Eight Lane Scoreboard  
Seating for 250 People

### Order of Events

1. 100 Breaststroke
2. 200 Freestyle
3. 50 Butterfly
4. 200 MR
5. 200 Individual Medley
6. 50 Backstroke
7. 100 Freestyle
8. 200 Choice (BR, BK, FLY)
9. 50 Freestyle
10. 100 Backstroke
11. 200 Free Relay
12. 100 Individual Medley
13. 50 Breaststroke
14. 100 Butterfly
15. 400 Free Relay
16. 500 Freestyle \*

\*Swimmers must provide their own counters.

### Seeding

Slow to fast, regardless of age. "No times" will be seeded in slowest heats.

**Warm/warmdown lanes available throughout the entire meet.**

**Meet Director:** Jack Stabach, 860-691-4681  
jack.stabach@eastlymeschools.org

### Eligibility & Registration

Open to current USMS Registered 2009 Masters Swimmers. All entrants must read & sign the USMS liability release waiver before competing. Liability & USMS registration forms will be available on race day.

### Entries & Fees

Entries must be postmarked by Monday, November 16, 2009 or delivered by November 18. The Fee for the total meet is \$30.00 including relays.

Deck entries will be accepted until **7:30am SHARP, no entries will be accepted after this time.**

Fee for deck entries is \$35 + \$3 per individual event.

An entrant may participate in 5 individual events.

Please detach & mail the registration form along with your payment and a copy of your USMS card. Relay entries must be indicated on a 3x5-file card with team name, event #, seed time, member names, gender & ages. Relays can be deck entries & cards must be given to the registration desk 3 events prior to the start of the that relay.

.....detach here and mail.....

### Entry Form (please print)

Name: \_\_\_\_\_ USMS#.....

Address: .....

Phone: ..... Club Name:.....

DOB:..... AGE: (as of 11/23/08) .....  
Female Male (*circle*)

Event # \_\_\_\_\_ Seed Time.....

Event # \_\_\_\_\_ Seed Time.....

Event # \_\_\_\_\_ Seed Time.....

Event # \_\_\_\_\_ Seed Time.....

Event # \_\_\_\_\_ Seed Time.....

If swimming in Event 8, 200 choice, please designate the stroke that you will swim.

Make Checks payable to: **ELBOE Special Account**

Mail this entry form, Check and copy of current USMS card to:  
Gaile Greenwood, 114 Bayview Rd, Niantic, CT 06357  
gaileg@ct.metrocast.net

### Directions:

*From points East:*

Route 95 S to exit 75, Right @ Stop Light; travel approx. 3 tenths of a mile turn left into East Lyme High School. Pool is on the left side.

*From points North:*

Route 395 to 95 S, immediately follow directions above.

*From Hartford, Colchester:*

Route 2 E to Route 11, Left onto Route 82, Right at light onto Route 85, Right onto Route 161, After passing Golf Course look for High School on right. (Flanders Fish House, you have gone too far)

*From points South:*

Route 95 to Exit 74, Left at light, after next stop light, travel approx. 3 tenths of a mile, turn left into East Lyme High School. Pool on left side